

# 5 DAY MENU

During your stay with Bushcraft some meals will be cooked and eaten on camp and some will be enjoyed from the Central Kitchen area.

	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
B/FAST		Big Cooked B/fast Cereal & Fruit	Sausage Baps Cereal & Fruit	Sausage, Cheese, Egg Muffins Cereal & Fruit	Big Cooked B/fast Cereal & Fruit
SNACK	Fruit & Biscuits	Flapjack	Trail Mix	Popcorn	Fruit & Biscuits
LUNCH	Tomato Pasta	Beef Sweet & Sour Noodles	Pizza	Hunter Gatherer Casserole	Wraps
SNACK	Tunnocks Bar	Popcorn	Tunnocks Bar	Bannock	
DINNER	BBQ Kitchen on Camp	Beany Chilli	Pasta Bolognese	Chicken Curry	
DESSERT	S'mores & Hot Chocolate	Blueberry Muffins & Hot Chocolate	Chocolate Traybake & Hot Chocolate	S'mores & Hot Chocolate	

## [VIEW OUR DIETARY POLICY](#)

### ON CAMP

The food that will be made and eaten on camp. Students will get the opportunity to cook over their fire, roast marshmallows and enjoy hot chocolate before bed.

### CENTRAL KITCHEN

A larger field kitchen a short walk from camp, where students are served their meals and eat together away from the main camp area. The Central Kitchen Menu runs from Mon-Sun.

