SAMPLE 5 DAY ITINERARY

DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
	Breakfast	Breakfast	Breakfast	Breakfast
Arrival, Safety Brief and Welcome	Wilderness First Aid	Animal ID & Tracking	Wilderness Cookery	Trap Making
SNACK	SNACK	SNACK	SNACK	SNACK
Fire Lighting	Pottery/Moulding	Cutting Tools	Navigation	Bushcraft Challenge
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Shelter Building	Wilderness Walk	Target Sports	Scenario SOS	Strike Camp & Depart
SNACK	SNACK	SNACK	SNACK	
Camp Craft	Camouflage & Concealment	Target Sports	Showers & TGT Rehearsal	
DINNER	DINNER	DINNER	DINNER	
Evening Games	Evening Games	Evening Games	Tribes Got Talent	
Night-time Routine & Bed	Night-time Routine & Bed	Night-time Routine & Bed	Night-time Routine & Bed	

This is a sample itinerary, timings and order may vary. All itineraries are subject to change

ΑCTIVITY	DESCRIPTION		
Fire-Lighting	The principles behind fire lighting, emphasising safety and respect for the environment. Students have the opportunity to make their own fire. Once the fires are successfully lit, the students get to cook their own burgers over the open flames.		
Shelter Building	The students will learn why we need shelter when we are living outside and the types of shelter from different societies and nationalities across the ages. Tribes will build their own shelter, using natural woodland materials.		
Camp Craft	This is a chance for the tribes to develop a tribal identity, making fun tribal flags, dances and songs.		
Wilderness First Aid	The students will learn basic skills to cope with a medical emergency in the wild, including how to construct a simple stretcher from the items you have on you, and how to improvise and effective splint (pairs with Scenario SOS).		
Pottery/Moulding	Unleash your inner artist! Under the guidance of our brilliant staff, children can let their imagination run wild in the wilderness! Designing and sculpting their work of art around the campfire, they will bring home their wonderful creations at the end of camp.		
Wilderness Walk	On the wilderness trail, the students will work through a series of observation lanes, sand pit and sensory games and learn how to recognise animal tracks, enhancing their sensory skills and having fun at the same time.		
Camo & Concealment	Students will take part in a fun camouflage and concealment exercise, employing team tactics and making the most of their surroundings to camouflage themselves and evade capture.		
Animal ID & Tracking	The students will be taught to identify animal tracks, other signs of disturbance, and how to categorise animals by the way they move. They will learn to move silently whilst stalking, and the art of camouflage and concealment.		
Cutting Tools	Students will learn about the different tools used in the field of Bushcraft, both primitive and modern, and reasons for their use. They will be taught safe handling techniques and will make their own tent peg.		
Target Sports	The students will rotate through a variety of target sport related activities including archery, tomahawk axe throwing & problem solving.		
Wilderness Cookery	We will show the students how to manage a fire safely and responsibly and how to cook a simple, delicious meal using fresh, season ingredients over the fire they have built.		
Survival Bracelets	The students will have to test their patience with an intricate challenge where they will learn to make survival bracelets, something you will always need to have on you if you're stuck in the wilderness!		
Navigation	An exciting outdoor adventure navigating between check points marked on a map.		
Scenario SOS	The students will put their new skills to the test and work in teams, using navigation to locate a simulated plane-crash scene, where they will treat the casualties and make improvised stretchers to evacuate them back to camp.		
Showers & TGT Rehearsal	This is a fantastic way to spend the final evening, participating in our trademark talent competition, in which each tribe performs a skit, dance or song which they will have been practicing all week. All the students enjoy themselves and it is always brilliantly amusing, and at times, astonishing, as the students show off their skills.		
Trap Making	The students will be taught why it is important to find food in remote settings, and how this has been achieved over the ages. Our instructors will demonstrate trapping methods, before each tribe designs and builds their own trap.		
Bushcraft Challenge	The teams will participate in a series of fun but challenging initiative exercise that will really put them to the test, both mentally and physically. This is a great team-building activity and demands trust and communication.		