THE BUSHCRAFT company

PACKING FOR YOUR ADVENTURE

Below you can find our recommended kit list for the students and staff. We stress that it is not necessary to go out and buy all new and expensive kit for a trip with us as you may be able to borrow some items from friends or family. Please remember to pack enough though for a fresh change of clothing each day.

ESSENTIAL ITEMS TO PACK

- [ ] Large rucksack or holdall
- [ ] Small rucksack to carry the essentials
- [ ] Warm sleeping bag (season 3 recommended)
- [ ] Roll mat
- [ ] Tracksuit or hardwearing trousers
- [ ] T-Shirts
- [ ] Jumper or fleece
- [ ] Waterproof jacket and trousers
- [ ] Socks and underwear

- [ ] 2 pairs footwear e.g. walking boots and old trainers
- [ ] Wash bag including toothbrush, toothpaste, soap and face wipes
- [ ] Towel(s)
- [ ] Medications (labelled with clear instructions on the application/use and dosage required)
- [ ] Water bottles or hydration system
- [ ] Alcohol hand gel
- [ ] Torch (with fresh batteries) - a head torch is ideal

OPTIONAL ITEMS TO PACK

- [ ] Whistle
- [ ] Insect repellent
- [ ] Plastic bags for dirty/wet clothing/footwear

- [ ] Sleeping bag liner
- [ ] Pillow and pillowcase
- [ ] Rucksack liner

WEATHER DEPENDENT ITEMS

- [ ] Wellington boots
- [ ] Warm hat and scarf
- [ ] Gloves

- [ ] Thermal layer
- [ ] Sun cream
- [ ] Sun hat

WHAT NOT TO BRING

Please don't bring food. To avoid the risk of expensive items being lost or damaged, please do not bring electrical equipment or other expensive technology with you.

The Bushcraft Company is not responsible for any items lost on camp. We will endeavour to locate any missing items however we are not liable if the item is not found. Lost items found on camp after your departure will be sent back to Head Office and kept for 3 months.

CONTACT US

If anyone wishes to contact The Bushcraft Company, they can do by email: **info@thebushcraftcompany.com** or phone **03332 000 612**. Please do also keep up to date with our latest news, blogs, photos and videos on:

- www.twitter.com/bushcraftonline
- www.facebook.com/thebushcraftcompany
- www.pinterest.com/thebushcraftco
- www.instagram.com/thebushcraftcompany